



THE RESILIENT LEADER WITHIN

PRESENTED BY BET DIENING-WEATHERSTON

Millarville, Alberta, June 28-29, 2016



The Journey and Visionary Leadership Method will stretch you out of your comfort zone, shaking away old unhealthy habits, patterns and beliefs that have kept you feeling stressed, unhappy and unfulfilled. It is a heartfelt invitation to remember that you are what you seek, that the answers are within each of us even though we've been taught to look outside of ourselves for permission and validation.

Join us and experience what is it you truly want from life. Learn how to let go of anxiety, stress and depression so that you can say, **“YES!”** to life's opportunities. Come explore what leading and following might look like in healthy and inspiring ways.

During this two-day seminar you will:

- Open into the emotional wealth of what it feels like to be present and available to your truest feelings
- Cut through the misconceptions of what real leadership looks and feels like
- Understand what blocks have limited you in the past from living your purpose and passion
- Tenderly expose and heal from past events that have kept you small and limited
- Nurture your creative and unique expression of self to others
- Become more compassionate and aware of the games we have played to protect ourselves without realizing their consequences
- Meet a group of beautiful beings that want everything that life has on offer.

Bet Diening-Weatherston
Presenter

In partnership with The Journey & Visionary Leadership

www.wouldyoubewilling.com

1.604.741.7056



If you have ever wondered what makes you truly happy, then come find out. If you feel stuck or lost in your life, then come discover your deepest potential. Together we will explore and support each other to unveil and heal from whatever has knocked us down in the past. The support at this event is phenomenal. Come experience **true freedom!**

Dates/Timings:

Tuesday June 28th – Wednesday June 29th, 2016

8:00am - Yoga

8:30am-7:00pm - Seminar

Costs - \$395.00 per person

\$345.00 Early Bird (Ends May 31st, 2016)

To register go to:

<http://wouldyoubewilling.com/the-resilient-leader-within/>

Location:

Woodland West Retreat Centre

**Recently a dear friend asked me this beautiful heartfelt question:
“Who are you when you do this Journey and Visionary Leadership work? Who are you when you are with the people whose lives you change?”**

And this is my response:

“These tools inspire the best version of me to show up in my life and with whomever I meet. I believe that people are loving by nature, we've just lost our way. So with humour, sensitivity, compassion and oodles of love, I choose to walk the healing path together so that collectively we remember the truth. Hanging out with others wanting to live an outrageous life is where I consciously choose to be. We're meant to be happy, we're designed to feel meaningful connections...we truly are awesome sentient beings. I love to teach this material to remind me / us of all this and more!

Thanks for asking and reminding me why these skills bring tears of love to my eyes every freaking time!”

See you there!

Warm Regards,

Bet Diening-Weatherston

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