STOP Pethe Get to the root cause of your eating and drinking habits... Food Fight!



- A powerful new way of creating healthy, liberating and lasting lifestyle changes – shifts that will allow you to reach and maintain your goals in weight, fitness and overall health.
- A potent way to deeply resolve long-standing issues such as low self-esteem, poor self-image, lack of willpower, procrastination, insecurity, anxiety, and feelings of emptiness.
- A series of techniques you'll learn to take away with you to continue to improve your health in all areas.
- The BEST way we know of to end the eating battle, once and for all – Stop the Food Fight.



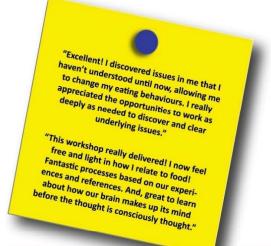
Presented by: Bet Diening-Weatherston

UPCOMING IN CANADA

Kelowna, British Columbia September 19-20, 2015 Mekong Restaurant Meeting Room 1030 Harvey Avenue



Includes \$50 early bird discount which ends August 15, 2015





To register – www.stopthefoodfight.org For more info: Bet (604) 741 7056 or Jo (250) 863 9084